



Emergency Resources

Your counselor may not immediately be available by telephone, email or text. Counselors are not able to respond when they are with clients, and may not be available at other times. At these times, you may leave a voice, email or text message, and your counselor will respond as soon as possible. Please be aware that this may take a day or two for non-urgent matters.

In the event of an emergency and you need immediate assistance, contact the appropriate resource below:

Resources

Description	Phone Numbers
EMERGENCY	911
Crisis Hotline	(972) 233-2233
Teen Help Line	(972) 233-8336
Línea de Crisis	(972) 233-2428
Texas Department of Family Protective Services (To report abuse or neglect of a child)	(800) 252-5400
Relationship Violence or Sexual Assault Crisis Line	(940) 382-7273